



Turtle Guide

(Or What Should I Bring to a Gathering?)



"Bring every good thing. If it ain't on this list, consider leaving it home. If in doubt, leave it out. 'Cuz if you bring it in, you gotta bring it out. And well, dang! You just might be suprised how little you really need." Bring love and hugs and good vibes, and most importantly, bring you.

If you are still wondering what to bring, well, that depends on how much you wish to participate. So, we have broken this list into personal stuff, an essential list and a good ideas list, as well as stuff for the whole family -- things that will be of help to the greater good.

Personal Stuff (Essentials)

Of course, we all live at different comfort levels but these are things most folks will use or at least wish that they had thought of before they left. This list has no luxury about it -- just the basics.

backpack	cup	hat
tent / shelter materials	bowl	insect repellent
sleeping bag	spoon	towel
ground pad	tooth brush & paste	hair ties
plastic bags	floss	long pants
daypack / purse	Toilet paper in plastic	shorts
flashlight & batteries	birth control	shirts
lighter	moisturizer	coat / sweaters
pocketknife	lip balm	skirt
first aid kit	bio-soap	socks
water container	personal meds	rain gear
sun block	tampons / pads	thermals



Personal Stuff (Good Ideas)

Perhaps, you're not a "just the basics" kind of hippy; you know that sometimes the little bits of goodness that take an extra effort to pack or those that are often forgotten are the ones really make the difference.

water filter	journal	playing cards
solar shower	reading material	Frisbee
hammock / sky chair	work gloves	nail clippers
acoustic instruments	incense holders	shaving kit
folding camp chair	candles	hair brush
pillow	travel clock	pen & paper
camera (ask first)	clothes for leaving	hackysack

PDF versions of this & other Rainbow Raps can be found online at: <http://RainbowGuide.info>

I Really Want to Donate to Help the Gathering

see Food
see Sanitation
see Tools
large pots / wok
large bowls
large spatulas

Kitchens

large knives
large tongs
large spoons
large ladles
supply tent
labeled water containers
cooking grate
bungee cords
cutting boards
large tarps
rope
lanterns

Sanitation

Biodegradable soap for hands and dishes. Plastic Jugs with nozzles or spray bottles for hand wash.

lime
toilet paper for shitters
coffee cans with lids
garbage bags
vinegar
bleach
scrubbies
tubs for dishwash

Magic Hat

Bring "green energy" to donate if possible. Donations pay for food, shuttles, clean-up, scouting and other needs. The Magic Hat is found at Main Circle during evening meals and travels with beautiful minstrels throughout the day.

Food (buy in bulk)

If you bring perishable foods be sure that they get used.

Rice
Vegetables
Beans
Pastas
Grains
Spices

C.A.L.M.

For a complete list visit <http://rainbowcalm.info>.

see Sanitation
see Tools
wound care
gauze and tape
rubber gloves
tweezers
antiseptics
homeopathics
calamine lotion
sunscreen
condoms
tampons & pads
flashlights
batteries
massage tables
blankets
crutches
stretchers

Kid Village

Think kids and fun! Feel free to bring materials that lead to playfulness and creativity. Do you juggle, act, clown around, sing, or play music? Come on around. Please, don't leave your children with folks you don't know and trust!

see Sanitation
see Kitchen
Art and craft supplies
cloth diapers

Tools

Mark tools for easy identification. Please don't bring chainsaws.
Shovels
Bow saws
Blow-tubes
Hatchets
Rakes
Pliers
Axes
Mauls
post-hole digger

Clean-Up

Bring garbage bags, pick up trash, and haul it far away from the gathering site. "Leave only footprints, take only memories, and trash!"

Rainbow Guide
<http://rainbowguide.info>

